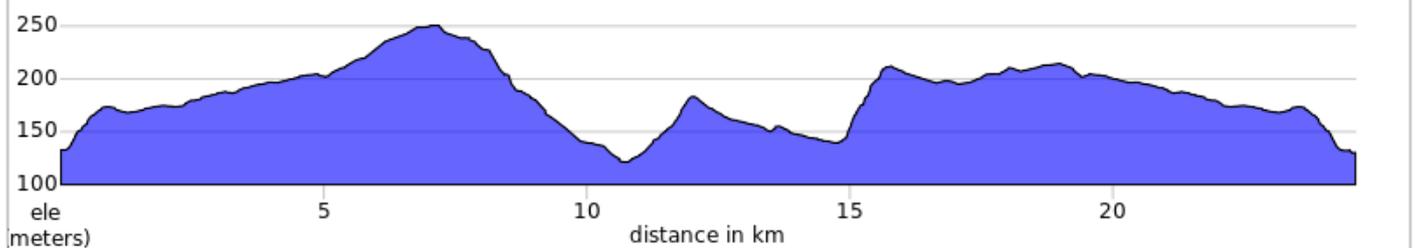


# Nettleden Duathlon Route



## Nettleden Duathlon Route

Num	Dist	Prev	Type	Note	Next
1.	0.0	0.0	▶	Start of route	0.3
2.	0.3	0.3	←	L onto Nettleden Rd	4.6

0.3 kilometers. +13/-0 meters

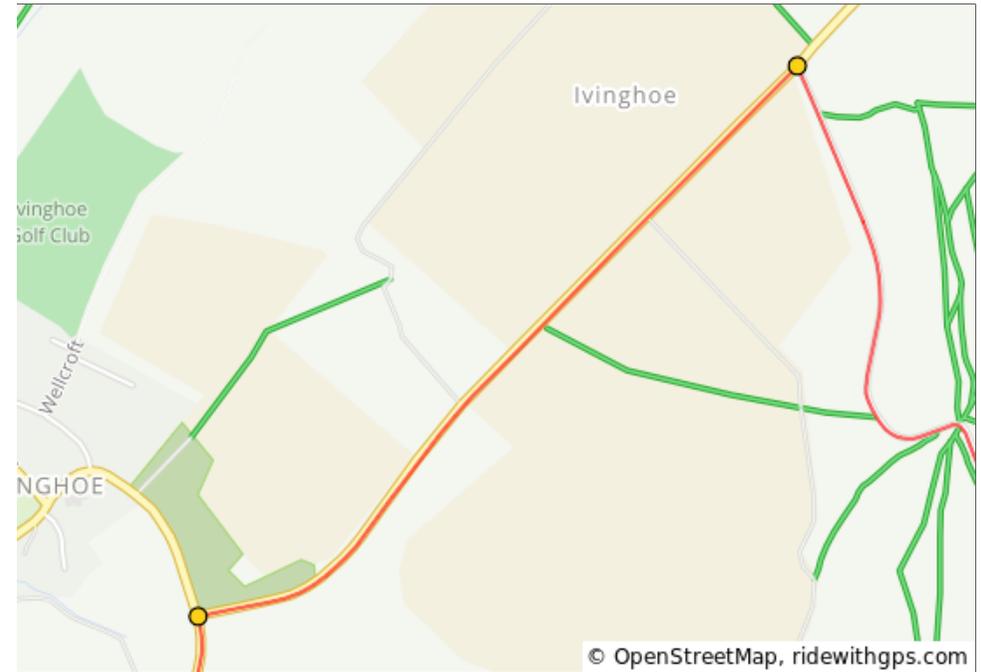
Num	Dist	Prev	Type	Note	Next
3.	4.9	4.6	←	L onto B4506	0.2
4.	5.0	0.2	→	R	4.2

4.8 kilometers. +0/-1 meters



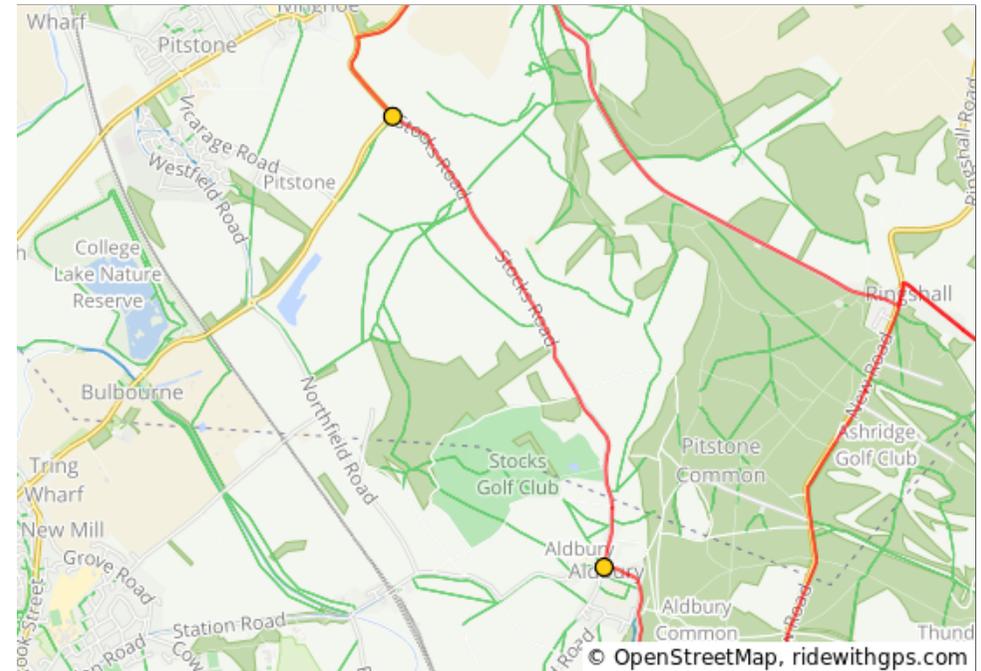
Num	Dist	Prev	Type	Note	Next
5.	9.2	4.2	←	L onto B489	1.4
6.	10.6	1.4	←	L onto B488	0.6

5.6 kilometers. +0/-37 meters

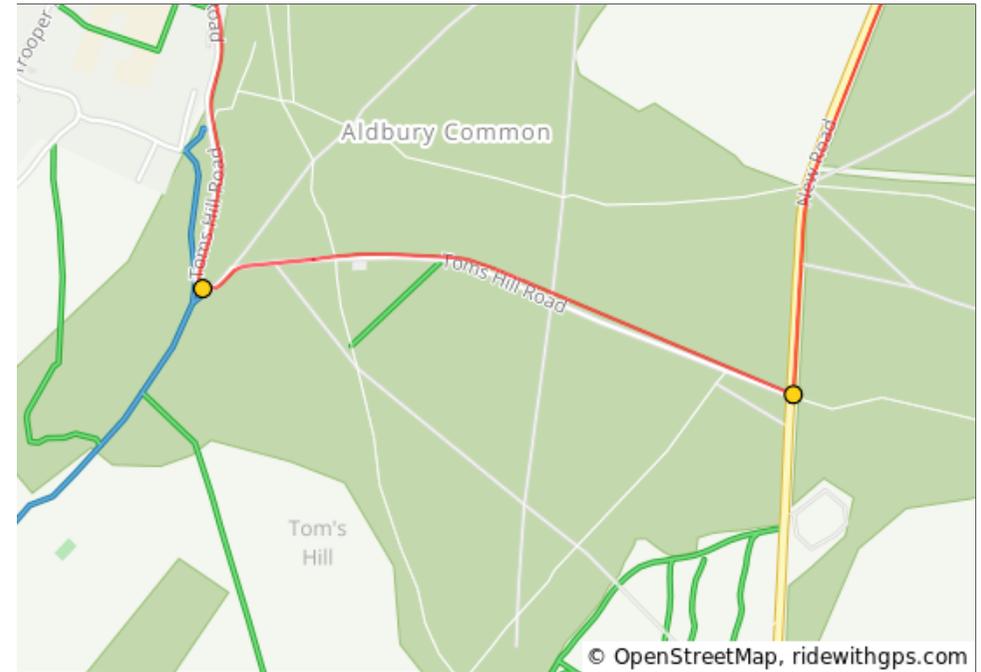


Num	Dist	Prev	Type	Note	Next
7.	11.3	0.6	←	B488 turns slightly L and becomes Stocks Rd	3.5
8.	14.8	3.5	←	L onto Toms Hill Rd	0.8

4.2 kilometers. +43/-46 meters



Num	Dist	Prev	Type	Note	Next
9.	15.6	0.8	←	L	1.1
10.	16.6	1.1	←	L onto B4506	2.9



1.9 kilometers. +4/-6 meters

Num	Dist	Prev	Type	Note	Next
11.	19.5	2.9	→	R	1.4
12.	20.9	1.4	↑	Continue onto Nettleden Rd	3.2



4.3 kilometers. +0/-13 meters

Num	Dist	Prev	Type	Note	Next
13.	24.1	3.2	➡	R	0.4
14.	24.5	0.4	➡	R	0.1
15.	24.6	0.1	➡	R	0.0
16.	24.6	0.0	🏁	End of route	0.0

3.7 kilometers. +0/-15 meters

